



Amethyst Women's Addiction Centre Report to the Community

Fiscal year ending March 31, 2009

Helping Women Build Healthier Lives

Our Mission

Amethyst Women's Addiction Centre offers alternative addiction services to women. Amethyst is committed to working with diverse and marginalized groups of women. Our aim is to support women, individually and together, to take control of factors affecting our health and well-being.

Our Philosophy

Amethyst is grounded in the feminist belief that women's experiences with alcohol, drugs and gambling cannot be separated from our experiences and status as women. We make direct links between the unequal position of women in society, the various forms of violence against women and substance use and/or problem gambling. A central task of Amethyst is to help women take charge of their lives by ending substance use and/or problem gambling and by making changes that enhance their strengths, their freedom and their choices.

Our Vision

Amethyst aspires to equality and justice for all women. A health service concerned with prevention as well as direct service, Amethyst works toward changing unjust social structures that place women at risk of addiction. We address and communicate the specific ways in which substance use and/or problem gambling affect women's well-being and why social change is necessary.

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Report from the Board

Amethyst Women's Addiction Centre celebrated its 30th anniversary this year. Amethyst began in 1979 with a group of women who had a vision. The first of its kind in Canada, Amethyst was education-based in the beginning and now, programs at Amethyst include counselling for drug addiction, alcohol addiction, gambling problems, sexual abuse, as well as youth health promotion and addiction prevention workshops and services are available in both English and French. To celebrate this milestone Dr. Gabor Maté was invited to speak at the Lord Elgin Hotel here in Ottawa. Widely recognized for his unique perspective on Attention Deficit Disorder, and his firmly held belief in the connection between mind and body health, Dr. Maté is a bestselling writer, physician and sought-after speaker. 150 people who have various ties to Amethyst attended the evening. The event was not a fundraiser, but a celebration of Amethyst's 30 years and a celebration of the people who made Amethyst what it is today. Dr. Maté generously donated the sales of his books that evening to Amethyst.

We have welcomed many new faces on the Board and have said goodbye to others. We would like to extend our thanks to the departing Board members for their hard work, support and dedication, and would like to extend a warm welcome to the new Board members.

We are a "working Board" meaning that we sit on various committees, and participate in community events and fundraising initiatives. We are an enthusiastic bunch who is not afraid to roll up our sleeves and get the job done. We would like to thank the staff for their presentations at our meetings, which keep us up to date on the activities of Amethyst.

We continue to be grateful for the funding we receive through the Champlain LHIN and the United Way/Centraide Ottawa, however, we have not received any substantial new funding this year, while the needs for our services have neither decreased or remain static. Board and Staff, through careful consultation and planning, try to ensure that Amethyst continues to provide our services in the most effective, caring and efficient way with the resources we have.

All of our Committees at Amethyst, composed of both Board and Staff members, were hard at work this past year. Our Fundraising Committee worked together with Impact Public Affairs create a new annual fundraiser: The Amethyst Track Challenge. The Track Challenge was generously sponsored by the Masha Krupp Translation Group and was a tremendous success. We are grateful for the support of all our sponsors and those who donated sponsored events and donated prizes.

Another fundraising activity was the donation of the proceeds from ticket sales from a production put on by the New Edinburgh Players; we would like to thank Ingrid McCarthy, the Director, for her generosity in this endeavour. The Board participated with Staff in a very successful potluck/silent auction in the fall to raise money for the United Way campaign.

On behalf of the Board, we would like to thank the members of the community who volunteer their time to help with fundraising and volunteer outreach work. We would also like to thank the individuals and organizations in the community who help Amethyst through financial support; it is greatly appreciated.

As we move forward together, our hope is that Amethyst's place in the community will continue to grow and shine like the gem that gives us our name.

Tara Lyons, Co-chair
Amethyst Board

Amethyst Board

Karoline Klüg **Tara Lyons**
Co-Chair Co-Chair

Gwen Kumar
Vice-chair

Mandy Lawson
Treasurer & Secretary

Suzanne Cadieux

Andrée Taylor

Report from the Management Committee

“Coming together is a beginning...keeping together is progress...working together is a success.”

There were some minor staff changes this fiscal year; we still have two staff on LTD. One of our Francophone counsellors went on a one-year sabbatical leave in October 2008; Jacqueline Crépin was hired to fill this position. We also hired Jane Wood in May 2008 in a part-time position as a Community Relations Worker; she would be assisting the staff from *Impact Public Affairs* to implement our Communications Strategy Plan as well as other tasks associated with this position. Welcome to Jacqueline and Jane!

Gwen Kumar replaced Tara Lyons in January 2009 as the Board representative on the Management Committee. We thank Tara for her time and commitment on this committee and welcome to Gwen!

We had received a 2.25% increase in the total budget for both our Substance Abuse and Problem Gambling Treatment Programs for the 08-09 fiscal year. We also received a \$9000 One-time Grant from our funder the Champlain Local Health Integration Network (LHIN) to update our IT hardware and software equipment; our equipment was old and we needed to upgrade in order to properly input data for the accountability reports that we now had to do for the Champlain LHIN. Beginning April 1st, 2009, a Multi-Sectoral Accountability Agreement for 2009-2011 between the Champlain LHIN and Amethyst Women’s Addiction Centre became effective and replaced the old accountability agreement we had with the Ministry of Health and Long-Term Care (MOHLTC).

As of April 1, 2009, there was a change from RRSPs to a pension plan for staff. Amethyst joined the Multi-Sector Pension Plan that was offered through the PSAC, our union. This change has not cost Amethyst any extra monies. Staff had been researching this initiative for over a year before a decision was taken.

We were successful in getting our Children’s Drug Abuse Prevention Program renewed by United Way/Centraide Ottawa for three years, until December 2010.

Funding for the Health Promotion Program and the Sexual Abuse Prevention Program had been extended to December 31, 2009; we will have to make a renewal application at that time.

Our major fundraising Track Challenge Event on June 25th was very successful as well as our 30th Anniversary celebration on February 1, 2009. Kudos to Kate and Jane for their hard work in organizing these major events!

In closing, I would like to take this opportunity to thank Amethyst’s hard-working Board of Directors for their outstanding work and continued support. Management Committee members and Staff did exceptional work during this period and a big thank-you to the community members, donors and volunteers for their support, generous contributions and commitment to Amethyst.

Carol Wu
Management Committee



Amethyst Staff

Administration	Jocelyn Bigras Tracy Doran
Coordinator	Carol Wu
Counsellors/Conseillères	Nighat Ara Emily Bain Gundel Lake Rose McDade Dianne Rogers Marguerite Tennier
	Marie Gérin <small>(Art Therapist/Conseillère)</small> Donna Hall <small>(Kanata Satellite Office)</small> Jacqueline Crépin
Community Relations	Kate Poirier Jane Wood
Childcare Coordinator	Cathy Dolan
Health Promotion Program Coordinator	Sandi Harmer
Intake Worker	Claire Lacelle
Addiction Treatment Case Manager	Nadine Letang



English Treatment Team

Nighat Ara, Gundel Lake, Emily Bain, Nadine Letang, Rose McDade

We've been very busy this year once again. The Treatment Team facilitated four Intensive Programs with 24 women graduating. Many women were also referred to residential treatment with great success. Overall 644 women were served by Amethyst this year.

The Intensive Treatment Handbook was reviewed by the treatment team this year and final changes have been made for new books will be ready for 2009. The Handbooks are working out to be a great tool in Treatment for counsellors and for the women attending the program.

The English Treatment Team would like to welcome new Relief Staff: Darlene Rowe; Carol-Ann Trainer; Leta Bourque; Elise Harris

Till next year,
Rose McDade

Outreach Volunteers

The outreach volunteer program is an important auxiliary service of our treatment program. It is offered by a group of dynamic women who have successfully graduated from Amethyst's treatment program. The volunteers are compassionate, insightful, and recovering women who choose to give back the service that they had once received from Amethyst. They use their personal experience of recovery as the main resource to help women in early recovery. The difference a good support system could make in first few years of recovery is enormous. Addiction often destroys a person's familial and social support system, sometimes lack of quality support from others also pushes a person to addiction. Developing a good qualitative support system thus becomes an integral part of addiction treatment process. Our outreach volunteers provide excellent support to vulnerable women when they badly need someone who would understand their difficult emotional experiences.

The volunteers met four times last year to exchange information and give feedback about their voluntary work with clients. As the coordinators, Emily and Nighat have worked on updating the client list, compiling follow up information and monitoring the need for change in any guidelines to make the service more effective.

Judy Dunlop has resigned from outreach volunteer team this year. We sincerely thank her for the services she has offered to Amethyst all these years and wish her all the best in future. We are also expecting new faces from the last graduated batch to join the team soon.

The staff of Amethyst would like to extend special thanks to our volunteers for their participation in events like Amethyst's 30th Anniversary celebration, Christmas party and international women's day pot luck. Your continuous support to this agency means a lot to us. We appreciate your time and service and look forward to work together towards another successful year.

Nighat Ara, Counsellor

Student Placement

After a full year in 2007-2008 of student placements, Amethyst decided that we needed adopt a slightly slower pace in 2008-2009. Much to Amethyst's delight Elise Harris joined us in the fall of 2008 and Manon Sanscartier joined us in the winter of 2009. Elise, from Carleton University and Manon, from University of Ottawa, brought with them a wealth of skill and personality. We are very pleased that both will be able to continue to work at Amethyst as part of the relief staff team.

Gundel Lake
Counsellor

Early Childhood Development and Women with Addictions Program

Nadine is 1 FTE in her role as the Addiction Treatment Case Manager in this program. Her responsibilities includes: facilitating the Intensive Program at Amethyst, facilitating groups, facilitating Fetal Alcohol Spectrum Disorder (FASD) training on behalf of the FASD Coalition every 8 weeks as well as having a caseload of 25 clients. All of her clients are mandated by the Children's Aid Society of Ottawa.

Nadine continues to work closely with our partners: Rideauwood Addiction & Family Services, Pathways Alcohol & Drug Treatment Program and Addiction Services of Eastern Ontario. The services that we are presently providing in the Champlain LHIN area include: providing counselling, referrals and case management to the pregnant and parenting women with addictions. There is also an emphasis placed on training and improvement of community capacity building to support young families with addictions.

The service model of this program began four years ago as a combination of outreach and capacity building as well as case management services to improve outcomes for mothers and their children; this has worked well for our district.

Nadine Letang
Addiction Treatment Case Manager

Sexual Abuse Support Program

The Sexual Abuse Support Program offers individual and group counselling for women in the community who are in recovery from gambling and/or substance abuse and who want to explore and heal from experiences of sexual abuse.

In the past year eight women were ready and benefited from participating in the two groups offered last fall and spring. The evaluations received indicate that participants were helped to become more aware of the impact the abuse had on various aspects of their lives, including behaviours, feelings and beliefs. Some participants started to experience more positive feelings about themselves, while others became more aware of how difficult it is to express their feelings.

This year we saw need for the group to incorporate therapeutic processing, as well as, provide psycho-education information. Since this need has become apparent, the Sexual Abuse Support Program Coordinator has run the program incorporating both these aspects. In addition, she has included sessions which incorporate the Repetition of Abuse Prevention Program, as discussed in last years report.

This enhancement will continue in the upcoming year so that our client's needs are being met.

Emily Bain
Counsellor and Sexual Abuse Support Program Coordinator

Francophone Treatment Program

It was another busy year in the Francophone Treatment Program – Substance Abuse Treatment and Problem Gambling Treatment programs. We had seen an increase in new clients coming to our programs. Many of the clients were presenting with more complex needs, struggling with mental health issues as well as with addiction problems.

In this fiscal year, we offered an Intensive Program in the summer, an Art Therapy session in the spring along with our regular groups and individual counselling sessions. As usual, we offered a Holiday Workshop, opened to staff as well as to clients. As well, a special edition of creative arts was organized for International Woman's Day. All these sessions were well attended.

The counsellors were actively engaged in information exchanges, discussion of innovative evidence-based practices and the creation of partnerships with other service providers through their participation on the regional networks like the Franco-Toxico and the regional French sub-committee of the Ottawa Problem Gambling Coordinating Committee. This year, a new partnership was developed with the Lac Leamy Casino in Hull with the members of the French sub-committee service providers in the Ottawa Region to initiate discussion around working collaboratively to share information regarding treatment services, to enhance referral processes as well as to address issues around self-exclusion programs in the Ottawa-Gatineau gambling venues.

We also welcomed Jacqueline Crépin to our team; Jacqueline replaced Marguerite Tennier who left in October on a one-year sabbatical leave. Welcome to Jacqueline!

Marie Gérin M.A., ATPQ
Counsellor and Professional Art Therapist

About our current clients

The average age of our clients is 37

Problem Substance identified

- | | |
|-------------|-------------------------|
| 1. Alcohol | 6. Prescription opioids |
| 2. Tobacco | 7. Gambling |
| 3. Cannabis | 8. Benzodiazepines |
| 4. Crack | 9. Ecstasy |
| 5. Cocaine | |

Other substances identified include amphetamines and other stimulants, other psychoactive drugs, over-the-counter codeine preparations, heroin/opium, hallucinogens

Income Source

Employment –	217
Employment Insurance –	20
ODSP (Ontario Disability Support Program) –	74
Disability Income –	48
Other insurance (exclu. Employment Insurance) –	1
Ontario Works –	134
Retirement Income –	19
Other –	44
None –	8
Unknown –	8
Family Support –	21

First Language

English –	489
French –	102
Other –	3

Education

Some Primary School -	3
Primary School -	6
Some Secondary or High School -	121
Completed Secondary or High School –	112
Some Community College, CEGEP technical college -	61
Completed Community College, Technical College, CE –	114
Some University (Not completed) –	56
University Degree Completed –	115
Unknown -	5

Legal Problems

No –	485
Yes –	87
Unknown –	22

Health Promotion Program

As Amethyst celebrated the milestone of thirty years in service, our Health Promotion Co-ordinator, Sandi Harmer also celebrated her thirty years of service with Amethyst at our wonderful celebration on February 1st 2009.

Our Health Promotion team offered 11 Wellness workshops on a variety of topics for women who might be at risk of using substances to cope with the many complex issues in their lives such as poverty, violence and isolation. The goals of these workshops were to help clients explore their coping skills and develop more effective ways to make positive changes in their lives. The workshops completed this year were: 4 eight-week Self-Esteem programs, 2 eight-week programs on Stress and Wellness, 3 six-week Miniseries workshops and 1 eight-week program on Anger Solutions. The sessions were 2 hours per week in length offered to groups of approximately 8-15 women per group.

Once again we worked in partnership with colleagues in allied sectors which had limited resources to do these kinds of workshops on their own. As well, in these workshops we brought the perspective that helped change some risk taking behaviours and attitudes. We provided prevention knowledge about the underlying causes of using substances to cope since participants in these workshops had at-risk behaviours and poor coping skills. We also used the opportunity to train staff (some were students in social work programs) of various partners in eight of the ten programs. These partnerships included St. Mary's Outreach Program, St. Joe's Women's Centre, Sandy Hill CHC satellite location, Pinecrest-Queensbury CHC, Nepean, Rideau and Osgoode CRC, Newgate 180, Bethany Hope Ctr, Cornerstone Women's Shelter and Amethyst.

As women are presenting with more and more complex issues, the core program is addressing these expressed concerns and adjusting the program to meet their needs. Some of the expressed concerns are rising from collaborative efforts to provide relevant and meaningful health promotion education and programs for women of diverse backgrounds. As a result one of the highlights for the Amethyst Health Promotion team was to focus on diversity as it relates to Women Juggling Roles: Skills for Change. It was decided to declare a focus each year on different target groups. In 2008 outreach workshops were primarily offered to young pregnant and parenting teens and women's drop-in centres. Also in 2008 we began to sew the seeds for a focused commitment to cultivate and nurture partnership with First Nations, Inuit, Metis and Immigrant/Refugee women's services providers through a series of focus groups. Four separate focus groups were held to discuss interest in i) collaboration, ii) specific relevant ethnic specific program development and iii) opportunities for co-facilitation for 2009. The results of these dialogues will be available in the spring of 2009 in a report entitled- *Inclusion of Diversity: Moving Forward*. Dianne Rogers our Health Promotion Worker has taken the lead in this project and has done a wonderful job.

Our Children's Drug Abuse Prevention Program also took a new direction by being offered at satellite locations, Pinecrest-Queensway CHC and Dempsey Heights and will continue in this direction for 2009.

Sandi Harmer
Health Promotion Co-ordinator

Community Relations Program

February 1, 2009 was Amethyst's 30th Anniversary, providing a major focus for the Community Relations Program. A celebratory dinner event was held at the Lord Elgin Hotel on February 1, and 150 guests were in attendance, including current and former staff and board members, clients and alumni, sponsors, and community partners. Dr. Gabor Maté, author of the national best-seller "In the Realm of the Hungry Ghost", provided the keynote address. His insights into addiction were inspiring, thought-provoking and compassionate. It was a pleasure to work with Dr. Maté on the planning of this event, and we are also grateful to the Lord Elgin for their support of this event. The event received media coverage from CTV news and the Ottawa Citizen, thereby increasing community awareness of Amethyst. We are grateful for the sponsorships that we received from (Gem Campbell, Ken McNeil IT, The Masha Krupp Translation Group Ltd.) as well as private donations.

In May, 2008 Jane Wood was hired on contract to assist with Community Relations on a part-time basis. In addition to planning the February 1 event, Jane represented Amethyst at community information fairs, workshops for non-profit organizations, networking events, and fundraising conferences.

On June 25th, Amethyst held its major fundraising event of the year: the first annual Amethyst Track Challenge. Local celebrities and Ottawa businesspeople competed in a day-long track and field event made possible by presenting sponsor, the Masha Krupp Translation Group, as well as financial sponsors including Minto, and the Corporate Research Group, among others. The event raised a whopping \$36,150 in its first year, of which over \$20,000 went directly to Amethyst (after expenses). A promotional event for the Amethyst Track Challenge featured Mayor Larry O'Brien in a race down Sparks Street, generating exceptional media coverage. This event on a shoestring budget was recognized as a winning campaign by *PR News Non-Profit Awards* in Washington, D.C., and also earned a Summit International Award, for most creative public relations campaign.

In December, Amethyst hosted afternoon tea for three Board Members from May Court Club of Ottawa, thereby re-establishing an important link from Amethyst's past. At Christmas, we were able to provide gifts to clients and their children, thanks to the support of the Family Resource Centre and Impact Public Affairs. In March, a pot-luck lunch was held at Amethyst in honour of International Women's Day.

Throughout the year, Amethyst continued to maintain a presence in local media, with appearances on CBC, CTV Ottawa, CFRA radio and multiple hits in the Ottawa Citizen, Metro, 24 Hours and the Ottawa Sun.

Amethyst is grateful for the ongoing support of our generous donors and sponsors, especially in the current economic climate. Thanks to our supporters, we can continue to offer vital programming to the women who need our services.

Kate Poirier and Jane Wood
Community Relations

Statistics

Admissions - English and French

Current Clients - 644

Substance Abuse

Visits - 4,155

Awareness – 2,533 participants

Gambling

Visits – 138

Awareness – 2,533 participants

Intensive Treatment Program

English – 35 women

Gambling – 6 women

Sexual Abuse Program

2 Groups with 13 women

Health Promotion

Offered 10 Groups with 90 participants

Community and Public Events

27 Events with 106 participants

Children's Drug Prevention Program

3 Programs with 13 children

Individual Sessions – 3 children

Problem Gambling Program

2008-2009 has been another very busy year for the Problem Gambling Program. We continue to serve an increasing number of women through individual counselling, weekly support groups, and the intensive treatment program. Individual counselling services are offered in both English and French. Women also have access to other follow-up programs and workshops such as the Sexual Abuse Survivor Program, Art Therapy, and Health Promotion programming. Our Problem Gambling Program Outreach Volunteer also has been very busy this year by working with a number of women who are new to Amethyst

Staff have been able to participate in a couple of training and learning opportunities this past year, including Working with Survivors who Experience Multiplicity, Moving from the Head to the Heart. Each of these educational opportunities were very informative and relevant to the Problem Gambling Program. We also participated in the Provincial Problem Gambling Sector Meeting in Toronto.

Amethyst continues to work with various community agencies and remains a member of the Ottawa Problem Gambling Coordinating Committee (OPGCC). We also are members of the OPGCC's Francophone subcommittee, Comité des services en français sur le jeu problématique.

We have also had a busy year in terms of educational activities in the community, from participation at information fairs to leading professional development workshops to speaking at Algonquin College and Carleton University. Each of these activities serves to raise the awareness of both Amethyst and problem gambling among women.

As the number of women accessing the Problem Gambling Program remains fairly consistent, we look forward to another busy year in 2000-20010.

Gundel Lake
Counsellor



Translation services for this report were generously provided by
The Masha Krupp Translation Group Limited.

The Masha Krupp Translation Group Limited
Le Groupe de traduction Masha Krupp

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Chartered Accountant

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AUDITOR'S REPORT

To the Board of Directors of Amethyst Women's Addiction Centre:

I have audited the statement of financial position of **Amethyst Women's Addiction Centre** at March 31, 2009, and the statements of changes in net assets, operations, and cash flows for the year then ended. These financial statements are the responsibility of the Organization's management. My responsibility is to express an opinion on these financial statements based on my audit.

Except as explained in the following paragraph, I conducted my audit in accordance with Canadian generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the Organization derives revenue from donations, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, my verification of these revenues was limited to the amounts recorded in the records of the Organization and I was not able to determine whether any adjustments might be necessary to donation revenue, excess of revenues over expenses, assets and net assets.

In my opinion, except for the effect of adjustments, if any, which I might have determined to be necessary had I been able to satisfy myself concerning the completeness of the donation revenues referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2009 and the results of its operations and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

Ottawa, Ontario
May 17, 2009


Nicholas Ralph CA
Licensed Public Accountant

STATEMENT OF FINANCIAL POSITION
AMETHYST WOMEN'S ADDICTION CENTRE

	March 31	
	2009	2008
ASSETS		
CURRENT ASSETS		
Cash	\$ 87,538	\$ 57,016
Accounts receivable	3,517	5,226
Prepaid expenses	<u>2,420</u>	<u>2,039</u>
	93,475	64,281
DUE FROM RELATED PARTY - FRIENDS OF AMETHYST WOMEN'S ADDICTION CENTRE	-	28,093
CAPITAL ASSETS--Note C	<u>300,133</u>	<u>296,590</u>
	<u>\$ 393,608</u>	<u>\$ 388,964</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 63,063	\$ 49,261
NET ASSETS		
Invested in capital assets	300,133	296,590
Unrestricted	<u>30,412</u>	<u>43,113</u>
	<u>330,545</u>	<u>339,703</u>
	<u>\$ 393,608</u>	<u>\$ 388,964</u>

APPROVED ON BEHALF OF THE BOARD:

 _____ Director
 _____ Director

See notes to financial statements

STATEMENT OF CHANGES IN NET ASSETS
AMETHYST WOMEN'S ADDICTION CENTRE

	Invested in Capital Assets	Unrestricted	Year ended March 31 2009	2008
Balance, beginning of the year	\$ 296,590	\$ 43,113	\$ 339,703	\$ 319,150
Excess (deficiency) of revenues over expenses	-	(9,158)	(9,158)	20,553
Investment in capital assets	<u>3,543</u>	<u>(3,543)</u>	-	-
Balance, end of the year	<u>\$ 300,133</u>	<u>\$ 30,412</u>	<u>\$ 330,545</u>	<u>\$ 339,703</u>

See notes to financial statements

STATEMENT OF OPERATIONS

AMETHYST WOMEN'S ADDICTION CENTRE

	Year ended March 31	
	2009	2008
LHIN programs		
Revenues	\$ 820,305	\$ 791,317
Expenses		
Salaries and Benefits MOS	\$ 127,567	\$ 116,682
Salaries and Benefits UPP	<u>613,398</u>	<u>575,184</u>
Salaries and Benefits	740,965	\$ 691,866
Supplies	16,794	23,773
Travel	12,197	4,625
General	34,325	31,534
Equipment	4,777	3,424
Building Occupancy	<u>32,010</u>	<u>48,801</u>
	<u>841,068</u>	<u>804,023</u>
LHIN program surplus (deficit)	\$ <u>(20,763)</u>	\$ <u>(12,706)</u>
United Way programs		
Revenues	\$ 93,342	\$ 95,583
Expenses	<u>103,657</u>	<u>80,969</u>
United Way program surplus (deficit)	\$ <u>(10,315)</u>	\$ <u>14,614</u>
Other revenues and expenses		
Donations	\$ 32,479	\$ 28,209
Other Revenues	<u>229</u>	<u>985</u>
	32,708	29,194
Amortization	<u>10,788</u>	<u>10,549</u>
Other Revenues and expenses surplus (deficit)	\$ <u>21,920</u>	\$ <u>18,645</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	\$ <u>(9,158)</u>	\$ <u>20,553</u>

See notes to financial statements

STATEMENT OF CASH FLOWS

AMETHYST WOMEN'S ADDICTION CENTRE

	Year ended March 31	
	2009	2008
OPERATING		
Excess (deficiency) of revenues over expenses	\$ (9,158)	\$ 20,553
Items not involving cash		
Amortization	<u>10,788</u>	<u>10,549</u>
	1,630	31,102
Change in non-cash working capital	<u>15,130</u>	<u>26,885</u>
	<u>16,760</u>	<u>57,987</u>
FINANCING		
Repayment of long-term debt	-	(22,857)
Change in amounts due to / from related parties	<u>28,093</u>	<u>(28,093)</u>
	<u>28,093</u>	<u>(50,950)</u>
INVESTING		
Additions to capital assets	<u>(14,331)</u>	<u>(1,164)</u>
INCREASE (DECREASE) IN CASH	30,522	5,873
CASH, beginning of year	<u>57,016</u>	<u>51,143</u>
CASH, end of year	<u>\$ 87,538</u>	<u>\$ 57,016</u>

See notes to financial statements

NOTES TO FINANCIAL STATEMENTS

AMETHYST WOMEN'S ADDICTION CENTRE

March 31, 2009

NOTE A--GENERAL

Amethyst Women's Addiction Centre was incorporated on May 5, 1978 under the Ontario Corporations Act without share capital. The corporation is registered under the applicable provisions of the Income Tax Act as a registered charitable Organization. The Organization offers day treatment programs to women who are dependent upon alcohol, drugs, or problem gambling. The Organization also offers Health Promotion, Sexual Abuse, and Children's and Parent-Child Groups in a holistic and supportive environment.

NOTE B--SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting

The Organization follows the deferral method of accounting for revenues from the Champlain Local Health Integration Network (LHIN) - restricted contributions are recognized as revenue in the year in which the related expenses are incurred, and unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Other revenues, and all expenses, are recorded using the accrual basis of accounting.

Capital Assets

Capital assets are recorded at cost. Amortization is recorded on the declining balance at the rate of 4% a year for building, and at the rate of 20% a year for equipment.

Financial Instruments

The Organization's financial instruments recognized in the statement of financial position consist of cash, accounts receivable, and accounts payable and accrued liabilities. The fair values of these financial instruments approximate their carrying amounts.

Use of Estimates

The preparation of financial statements in accordance with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and reported amount of revenues and expenses during the reporting period. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in earnings in the period in which they become known.

NOTES TO FINANCIAL STATEMENTS

AMETHYST WOMEN'S ADDICTION CENTRE

March 31, 2009

NOTE C--CAPITAL ASSETS

	<u>Cost</u>	<u>Accumulated Amortization</u>	<u>Net Book Value</u>
2009			
Land	\$ 154,000	\$ -	\$ 154,000
Building	268,231	153,250	114,981
Equipment	<u>142,535</u>	<u>111,383</u>	<u>31,152</u>
	<u>\$ 564,766</u>	<u>\$ 264,633</u>	<u>\$ 300,133</u>
2008			
Land	\$ 154,000	\$ -	\$ 154,000
Building	268,231	148,459	119,772
Equipment	<u>128,205</u>	<u>105,387</u>	<u>22,818</u>
	<u>\$ 550,436</u>	<u>\$ 253,846</u>	<u>\$ 296,590</u>

NOTE D--DUE TO / FROM RELATED PARTY

The amount is due to / from Friends of Amethyst Women's Addiction Centre, a charity which is related by virtue of having the same Board of Directors. There is no fixed repayment date, and no interest is applicable.

NOTE E--CONTINGENT LIABILITY

Under the terms of the Collective Agreement, the Organization is committed to make certain payments to employees upon attaining twenty years' service, upon retirement, or upon the Organization's ceasing operations, upon the condition that the Organization has, at the time of the crystallization of each commitment, sufficient funds at its disposal to meet the commitment. The total amount of these commitments assuming that the Organization does not cease operations, was approximately \$54,000 as at March 31, 2009 (2008 - \$54,000).

